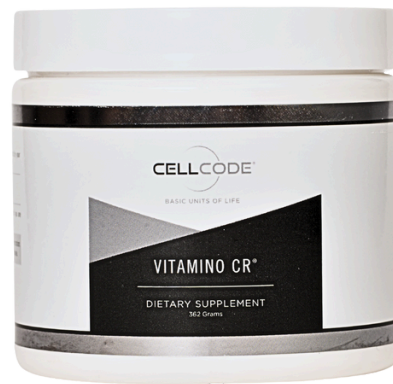




BASIC UNITS OF LIFE®

# VITAMINO CR

Muscle Recovery • Strength • Cellular Performance



CELLCODE's VITAMINO CR is an advanced performance and recovery formula designed to preserve lean muscle, accelerate repair, and enhance endurance.\* Featuring clinically validated ingredients like Calcium HMB, BCAAs, Creatine, and Alpha-Ketoglutaric Acid (AKG), this comprehensive blend supports strength, stamina, and recovery at the cellular level.\*

Calcium HMB, a metabolite of the amino acid leucine, helps reduce muscle protein breakdown while stimulating repair and growth.\* It's especially beneficial during training, aging, or recovery periods when maintaining muscle mass is essential.\*

Branched-chain amino acids (L-leucine, L-isoleucine, L-valine) act synergistically to drive muscle protein synthesis,

sustain endurance, and minimize exercise-induced fatigue.\* L-glutamine and L-glycine support immune resilience, gut integrity, and collagen formation for post-workout recovery, while taurine maintains hydration and protects against oxidative stress.\*

To power performance, AKG boosts nitric oxide production for improved blood flow and nutrient delivery, and creatine monohydrate enhances ATP availability — fueling short-term power output and long-term strength gains.\*

VITAMINO CR delivers complete muscle and performance support for athletes, active individuals, and anyone seeking to maintain strength, recovery, and vitality through every stage of life.\*

## Benefits\*

- **Supports Lean Muscle Growth:** Combines HMB and BCAAs to stimulate protein synthesis and muscle repair.\*
- **Reduces Muscle Breakdown:** Helps preserve muscle during intense training, recovery, or periods of inactivity.\*
- **Enhances Recovery & Endurance:** Replenishes amino acids to reduce soreness and accelerate post-exercise recovery.\*
- **Improves Strength & Performance:** Increases ATP production for greater power and sustained output.\*
- **Supports Immune & Gut Health:** L-glutamine and L-glycine promote immune resilience and gut integrity during stress.\*

## Highlights

- Calcium HMB supports muscle preservation and strength during training or recovery\*
- BCAAs (Leucine, Isoleucine, Valine) promote muscle growth and reduce exercise fatigue\*
- L-Glutamine enhances recovery, immune defense, and gut integrity\*
- L-Glycine supports collagen formation and cellular detoxification\*
- Taurine aids hydration, reduces cramps, and defends against oxidative stress\*
- Alpha-Ketoglutaric Acid (AKG) supports energy metabolism and nitric oxide production\*
- Creatine Monohydrate enhances ATP synthesis for explosive energy and strength\*
- Gluten-free, dairy-free, soy-free, non-GMO, and vegan

## Recommended Use

Take 3.25 teaspoons daily, or as directed by your health-care practitioner. Best used pre-workout for energy and performance, post-workout for recovery, or during periods of rest to maintain muscle integrity.

*Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.*

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.